



Organised by Beat in collaboration with the Faculty of Eating Disorders of the Royal College of Psychiatrists.

Eating Disorders International Conference 2020 Abstract Submission Guidelines

Beat, the UK's eating disorders charity is hosting the sixth biennial Eating Disorders International Conference, in collaboration with the Faculty of Eating Disorders of the Royal College of Psychiatrists, on the 18 - 19 March 2020 at the University of Strathclyde. We are now accepting abstract submissions for the conference until **23:59pm GMT 24th October 2019**. Please read this document carefully before submitting an abstract to EDIC 2020.

Call for papers

The Scientific Programme Committee invites you to submit an abstract for the Eating Disorders International Conference 2020 for research relating to eating disorders. Whilst we are not expecting abstracts to fit specific themes, authors will be asked to specify if their research does fit within one of the themes of the conference when submitting.

The deadline for submissions is 23:59 GMT 24th October 2019.

The themes for EDIC 2020 include:

- Brain theories and interventions
- Early intervention
- Community alternatives to admission
- LGBTQ+ communities and eating disorders

If your abstract covers a different theme, you will be able to specify this at the point of submission.

All abstracts accepted for inclusion at EDIC 2020 will need their author(s) to register on to the conference. More information on registration is included further down.

Presentation categories

Accepted abstracts will be allocated to either a workshop, short paper session or poster presentation at EDIC. Authors will be required to select one of these three modes of presentation as their preferred delivery method when submitting their abstract, however the EDIC 2020 organisers (Beat) and the scientific programme

committee reserves the right to offer an alternative presentation type if we feel that it would be of greater benefit to the conference.

Workshop – There will be a limited number of workshop slots available. Workshops are 90 minutes in length and are intended to encourage experts to provide some training and experience in their approaches. Hence part of the workshop (at least 45 minutes) should comprise discussion between participants, question and answer or completion of tasks set by the presenters. Naturally methods will vary with the subject. The abstract should make this interactive element of the workshop clear. In addition, for contributors wishing to offer a workshop, we particularly welcome workshops delivered jointly by a professional and someone with lived experience of an eating disorder or a carer. Please indicate if that is intended. Speaker guidelines will also be disseminated once authors have been notified of the outcome of their submission and have confirmed their attendance.

Short paper – Short papers are allotted 20 minutes within the programme (15 minutes for presentation and 5 minutes for questions and answers). Paper submissions that are not accepted as short paper presentations will be considered for a poster presentation.

AV facilities will be available to all authors accepted for workshop or short paper delivery. Speaker guidelines will also be disseminated once authors have been notified of the outcome of their submission and have confirmed their attendance.

Poster - Poster sessions allow presenters to present their work visually on a poster board which will be displayed in the designated poster area throughout the conference. Guidelines on poster presentation will be disseminated to those accepted for this mode of presentation and all posters must meet these specifications. If authors fail to follow the guidelines, EDIC reserve the right to refuse presentation. If accepted, authors are expected to be present at their posters during Poster Stroll sessions when the poster will be presented to one of the senior academics at the conference. All posters will be assessed, and a cash prize of £250 will be awarded by the RCPsych's Faculty of Eating Disorders to the one that scores most highly during EDIC 2020.

Submission guidelines

All abstracts should be submitted through the EDIC 2020 abstract submission portal which can be accessed [here](#):

- You must complete your submission in one session. Authors cannot access their abstract to amend it once it has been submitted.
- Abstracts are not edited by the organisers and author corrections will not be accepted after submission. Abstracts should therefore be checked carefully for accuracy prior to submission.
- The title should be a maximum of 150 characters including spaces, typed principally in lower case letters, using capitals only where essential. The preferred font is Arial 10, please check spelling and format your abstract before submission. The entire abstract for submission must fit on one side of A4 with a minimum font size of 10 pt in Times New Roman font.

- The abstract may be a maximum of 1700 characters, including spaces (approximately 250 words). Abstracts exceeding this limit will be truncated. We advise you to type your abstract in full. Copying from another document may result in loss of formatting.
- The abstract should represent original work. This does not preclude the use of data that has been previously submitted, however, some aspect of the abstract and presentation should be unique.
- All submitted abstracts should, if possible, include unpublished data.
- **Spacing:** Single space text, one blank line between subsections. Abstract text should appear in one full paragraph without line breaks.
- **Disclosure:** Any relevant financial disclosures or conflicts of interest from any of the authors must be contained in the submission information.
- **Authors:** The presenting author should be identified by highlighting in bold. A maximum of 6 authors per abstract will be considered.
- **Approval:** Confirmation of any necessary ethics committee approval (e.g. reference) for the conduct of the study must be included within the abstract.
- **Content:** Abstracts will only be considered if submitted in English. Non-standard abbreviations should be described in full when first mentioned followed by the abbreviation in parentheses. The text should be succinct and informative and must include the following subsections:
 - Title (150 characters)
 - Background
 - Methods
 - Results
 - Discussions / Conclusions
- The abstract should be as informative as possible and mention statistical methods where appropriate.
- One table may be submitted, but no graphics or references. If you wish to include a table, it must be embedded in the abstract document and not increase the length of the abstract to over one side.
- Do not repeat the title or authors in the text.

For any further questions, please call **01275 266003**, email edic@beateatingdisorders.org.uk or fill out the [contact](#) form.

Reviewing

All abstracts will be anonymously peer-reviewed by the EDIC 2020 Scientific Programme Committee and scored for originality, quality of data, presentation and significance.

Abstracts that have been accepted for presentation will be published in the final programme which will be available to all delegates on site. Abstracts accepted for workshop or short paper presentation will also be included online in the European Eating Disorders Review journal. Poster abstracts will be published here if space permits.

Notification of Accepted Abstracts

Accepted authors will receive notification by email by the end of November 2019.

Registration

Please note that although it is not necessary to register to attend EDIC 2020 before submitting an abstract, successful authors will be expected to register to attend by the 31 December 2019 in order for their abstract to be included in the conference programme and published in the book of abstracts in the European Eating Disorders Review journal.

If accepted, Poster and Short Paper presenters will be responsible for their own EDIC registration fees. Abstracts accepted for Workshop delivery will receive a complimentary ticket to EDIC for the day of their workshop. These complimentary tickets are limited to three per workshop (the third ticket would be for a carer or recovered sufferer co-running the workshop). Abstracts accepted for a Short Paper or Poster delivery will be expected to register to attend the conference on the day of their Short Paper session or Poster Stroll by 31 December 2019 to ensure inclusion in the programme.

Abstracts cannot be published or included in the programme unless the appropriate registration fee has been received by 31 December 2019. Submissions will be withdrawn if payment is not received by this date. Authors will benefit from discounted fees for EDIC 2020. All information on how to register to attend the conference will be included within the acceptance emails.

Language

The official language of the conference is English.

CPD Certified Certificate of Attendance

An official CPD certified Certificate of Attendance will be provided for all registered delegates upon completion of a short evaluation survey relating to the conference.

Reminder

You can submit your abstract [here](#) and this link will remain open until 23:59 GMT on 24th October 2019.

Thank you in advance for your interest in EDIC 2020 and for taking the time to submit an abstract for inclusion at the event. Good luck with your submission and we look forward to welcoming you to EDIC 2020.